

## My Small Help Nepal Annual Newsletter 2015

### Devastating earthquake hits Nepal

On 25<sup>th</sup> April 2015, a devastating earthquake struck Nepal, leaving death and destruction behind. Over 8000 people lost their lives and more than 21000 were injured. Many historical monuments and ancient temples which represented the history and culture of Nepal were destroyed in a few moments. The whole country and the world came together to help the victims and to provide relief. MSH Nepal and its members also put their brave faces on and joined the relief efforts in various efforts. MSH Nepal built and donated temporary earthquake resistant shelters in affected areas. We also acted as a partner for Friends for Global Change (<http://www.friendsforglobalchange.org>), USA, in distributing medicines, food, tents, sleeping bags, clothes and blankets.

### Temporary Shelters



MSH Nepal provided shelter to 5 family members who lost their homes or whose homes have been damaged by the devastating earthquake. We built and donated temporary earthquake resistant shelters in affected areas to those in need of proper shelters. The donated shelters were designed to house a small family of four people.

## Selfie for Nepal



#SELFIEFORNEPAL was an initiative setup to funds for earthquake affected regions in Nepal and MSH Nepal became the charity partner organization for the initiative. The initiative asked everybody to take their Selfie with #SELFIEFORNEPAL written in a piece of paper and to share it on any social networking sites, the initiative went viral and raised relief funds.

## Construction of study hall in Marybert School



A new study hall was built in Marybert School along with renovations in the school kitchen. New bathrooms and toilet blocks were constructed for the students. All this was possible due to the generous donation of made by Esland Group. MSH Nepal and the students of Marybert School are very thankful for your generous donation.

## From students to teachers



MSH Nepal is very proud to inform everyone that 3 of our sponsored students are now primary level teachers. They have been hired by St.Mary's School, Gorkha, as primary level teachers. It was because of your support and small help that they have achieved what they have and will in future. We wish them more success and luck.

## Welcome to MSH Nepal family

MSH Nepal family is now five members bigger. We would like to welcome our newest members Dipika Karki, Smriti Rai, Unik Maharjan, Sagar Shahi and Prabesh Makaju to MSH family. We now have 58 children in our family who have a chance to a better life and a better future. We wish our family keeps growing bigger and bigger every day.

## Computers from Sam Szulman



Sam Szulman, an Australian national is a friend, supporter and a regular charity donor of MSH Nepal. Recently, thanks to his generous donations we donated 5 computers to a school. Along with the computers playground equipments and sports materials were also donated to the school. Thank you, Sam, for your generous donations and for being a friend of MSH Nepal and the children.

## Hidden singer



A singer was hidden inside one of our MSH Nepal family member, Rozy Tamang. When we first knew about her hidden talent, we sent her to a vocal training center during her 3 months vacation. After the training was finished the center held the concert where all the passing out students had to perform their favorite song. Rozy rocked the stage with her favorite song. She is definitely a rock star in the making.



## New beginning for Govinda



In 2012, Govinda was diagnosed as HIV+ patient. Since then he has been struggling to find proper means of livelihood as the treatment costs were overwhelming for his monthly income. He also was started to be discriminated due to his condition. He is a very skilled carpenter and MSH Nepal provided him with £310 to finance his small workshop. Now his workshop produces quality low beds and is a busy place as orders are full. We hope his workshop does well in future and wish him all the luck.

## MSH dominating on the field



Recently MSH Nepal participated in a corporate 5-a-side one day futsal tournament; the team consisted of MSH volunteers and staff members. Prabin Man Shrestha, MSH Nepal team member was the team manager and coach. There were 65 teams that participated in the tournament and MSH team dominated every team they played against and secured a place in the finals. In the finals MSH played their best but unfortunately lost against Yuva Club.

## Construction completed



A year ago, MSH Nepal in close collaboration with Friends for Global Change, USA, started the construction of a new classroom block and toilet for the students in Ladkeshwor VDC in Kavre, Nepal. We now are proud to inform everyone that the construction has been completed and all the students, teachers and the villager are happy about the newly constructed classrooms and toilet blocks.

## Welcome Jorge and Sandra



MSH Nepal has been working closely with Friends for Global Change, USA, for a few years now and has also worked together during the earthquake to supply relief materials in the affected regions of Nepal. Recently Jorge and Sandra from Friends for Global Change visited Nepal and MSH Nepal was happy to welcome them. They visited the children in Marybert School and donated clothes to the children at the orphanage and also sponsored 2 children

who are now in college. MSH Nepal is very thankful to Jorge and Sandra for their support to MSH Nepal and for their generous donations.

## Efforts to renovate Shree Mangladevi School



In 2012, MSH Nepal built new classrooms for Shree Mangladevi School in Sindhupalchowk, Nepal. After the devastating earthquake in April 2015, the classroom block has been severely damaged and is unsafe for classes to be conducted in them. MSH Nepal has surveyed and inspected the damages suffered during the earthquake in the classrooms and is planning to start the necessary renovations to make the classrooms safer for the students.



## Training women to be self reliant



MSH Nepal has started a training program for women in rural areas where we provide free vocational training to make them self reliant. Under this program we recently started a four month course providing tailoring training to women in Bardiya, Nepal. Right now 25 women are being trained in tailoring and sewing. Our program has gained massive support from the local villagers, other organizations and also from governmental authorities in the village development council. We hope our efforts will make a difference in our society and make women in rural areas more self reliant.

## Relief materials from Dani, UK



Dani has been a part of MSH Nepal family since 2016, she has also volunteered for MSH Nepal. After the devastating earthquake of April 2015, Dani also helped MSH Nepal in supply of relief materials by sending clothes, sleeping bags, rain coats and water purification tablets. We thank you for your support to MSH Nepal and for supply of the needed supplies.

## Visit from UK friends



Aaron Rai and Jim Alger recently came to Nepal to visit MSH Nepal and Marybert School. Aaron had volunteered with MSH Nepal in 2013 but for Jim it was his first visit to Nepal. Aaron and Jim visited Marybert School and had a fun filled day with the children. They also distributed gifts to the children which were all donated by the children of UK for the children of MSH Nepal. We are happy and proud to have friends like you, Aaron and Jim.

## Sarita's update



Sarita has been a part of MSH Nepal family since 2007, and in 2014 she was diagnosed with meningitis. Doctors recommended an operation as it was the only option for her condition. MSH Nepal funded her treatment and she underwent the operation soon after that. After 3 months of recovery she was healthy and happy to be healthy again. The most amazing thing was even after

missing school for 3 months she topped her class in the final exams. MSH Nepal is proud to have her in our family.

Unfortunately, during the devastating earthquake the rented room where they were staying was destroyed. MSH Nepal helped them in shifting into a new place and provided them with blankets, carpets, clothes and utensils for a new start.

For more information, please contact us to

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