

MySmallHelp

2007-2009



mysmallhelp
... helping hands

A Social Welfare Organisation

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CONTENTS

Executive Summary

Mission Statement

Vision

Core values

Achievements in 2009-2011

Charity Partner for various organisations

Ongoing Projects

Aspirations

Volunteer Policy

Sponsorship

Final Word

Contact Details

Executive Summary

My Small Help was born out of a strong desire to empower children with basic human rights and the opportunity to carve out a more sustainable future for themselves. The charity was set up in 2007 by a group of friends based in the UK and Nepal who believe that just as the ocean starts with a single drop of water, a big difference can be made in a child's life if many people commit to dedicating a little time and effort. In March 2008 My Small Help (MSH) became a registered NGO in Nepal. Now, MSH is also registered NGO in Peru where underprivileged and disabled children are helped.

My Small Help UK was set up as a trust to support the work carried out in Nepal; administrative costs are kept to a minimum ensuring that donations are used directly on projects to help underprivileged children. My Small Help Nepal offers a wealth of local knowledge and contacts, and works primarily with volunteers who have the real interests of children close to their heart.

This document is designed to give an overview of the charity's achievements and progress from 2007 to 2011. It will offer insight into activity, and outline the vision, hopes and dreams for now, and in the future.

Mission Statement

My Small Help has a strong focus which includes the following aims: to relieve poverty among children; to provide educational resources (specifically for early years); to sponsor education (provision of books and uniform); to help fund building or renovation costs of schools and related buildings; to attract skilled and dedicated volunteers; to assist school leavers in finding employment, and to partner and support existing NGO's that uphold similar values.

Vision

MSH believes that the best way to alleviate poverty amongst children is through the provision of sustainable education and training. Many children who currently live in poverty are unable to go to school at all; this may be because parents can't afford to send them, or because the parents need to send them to work to supplement the basic household income. MSH believes that extending a helping hand to these youngsters is a joint responsibility; for life to be in perfect balance those with surplus and sufficiency offer support to those who lack.

MSH will continue to provide support to orphaned children, street children, and children from impoverished families who cannot fund school uniforms, stationery, and fees.

Whilst MSH believes that funding is one of the first required steps, it also strives to ensure that it does not create dependency. To this end Fair Trade enterprises are a direct way of creating a fairer world and narrowing the gap between rich and poor. For this reason MSH seeks to help school

leavers source employment, and to enable apprenticeships with fair trade shops such as Mysmallshop and Mysmalldesign Nepal (young web designers).

We hope that through thinking Big and asking Small we can make a difference to the lives of our brothers and sisters. We believe that 'It is better to light a candle than to curse the darkness.'

Core Values

Small Help:	A little help from many can give children basic human rights
Child Focus:	The best interests of children always come first
Integrity:	Trust and close partnership work is key
Trust:	Close working relationship with small 'in country' teams
Commitment:	Keep overheads low channelling maximum funds to child focussed work

MSH seeks to promote basic rights of children including:

Right to be protected from physical, mental and sexual abuse and exploitation

Right to a name and nationality from birth

Increased accessibility rights for children who are disabled

Right to education and opportunity

Right for basic health care

Achievement in 2007

- Setup My Small Help Nepal office at Gwarko, Lalitpur, Nepal.
- My Small Help URL www.mysmallhelp.org was launched.
- Fundraising and finding sponsors.
- Assessment of children and families eligible for MSH education sponsorship.
- 65 children were provided with school fees, school uniforms, cloths, books and healthcare.
- A library was built at Marybert School including books.
- A mural was painted at Marybert School.
- Lodging and food was provided to 5 orphans.
- Stationeries were provided to all sponsored children.

Volunteers

- Leander Hollings and John Handson from UK for 2 months in June .
- Dani Tougher from UK for 1 week.

Achievement in 2008

- Registration of My Small Help as Nepali NGO in March 2008.
- Provided exercise books and stationeries to all children.
- 70 children were provided with school fees, school uniforms, cloths, books and healthcare.
- A parcel which included children clothes, shoes, toys, chocolates sent from abroad were provided to Marybert Orphanage.
- A special children program was organized by MSH in Vidya Sadan School and prizes were distributed.
- A new block of toilets was built at Marybert School.
- A "Health and Hygiene Workshop" was organized by My Small Help with the help of medical students from UK. 50 students from 5 different schools participated in the program and also presented a First Aid Kit to schools.
- My Small Help Nepal member Gopal Koirala visited France and organized a Fundraising concert and raised 400 Euro.
- Eilidh Canney from Scotland had raised 270 pounds. 44 children of Bhattedanda School were provided with school uniforms.
- Lot of winter cloths and sweets were donated to Marybert orphanage. Erin Millar from US supported this project.
- A health camp was organized in two villages, Bhattedanda and Chaturale. 300 villagers were benefited from the camp.
- Provided exercise books and stationeries to all 70 children.
- A parcel which included children clothes, shoes, toys, chocolates sent from abroad were provided to Marybert Orphanage.
- A special children program was organized by MSH in Vidya Sadan School and prizes were distributed.

Volunteers

- Jonney Sparshett from UK for 1 week on January.
- Hewi Ling who is currently studying in US of Malaysia for 1 month in May.
- Dana and Rhiannon, medical students from Cambridge University did "Health and Hygiene Workshop" for 1 day in July.
- Eilidh Canny from Scotland for 8 days in October.

Achievement in 2009

- MSH provided painting equipments to Marybert school.
- 70 children were provided with school fees, school uniforms, cloths, books and healthcare
- Sports equipments worth Rs. 16,000 were donated to Marybert School.
- MSH Full sponsored child Samuel Sunwar was provided cloths.
- All 44 children of Bhattedanda school were provided School sweaters.
- MSH and Erin from USA provided cloths and shoes to Marybert orphanage.
- Prizes were provided to Marybert school to the winner in Sports program and children who came first, second and third in their exam.
- Proposal for 4 different projects was submitted to MSH UK and approved.
 - Providing School equipments, school bags and sports equipment to Bhattedanda School, Bhattedanda, Nepal.
 - Maintaining proper water system for school, Building 2 separate blocks of toilets for both boys and girls and distributing sports equipment at Brahamini School Chaturale, Nepal.
 - Constructing Bio-gas at Marybert orphanage to cut cooking fuel expenses.

- Full sponsorship for 3 children.

Volunteers

- Anne Macdonald from Scotland for 10 days in May.
- Mirostawa Agnieszka Halbina from Poland for 10 days in August.

Visitors and researchers

- James Morgan from UK stayed in Marybert Orphanage studying Child Trafficking.
- Kan Yan, a student from The Fletcher School of Law and Diplomacy Harvard Law School in research on Child Labour. MSH Nepal help him find the right place and provided information.

Final Word

This report is designed to offer an update into the achievements of My Small Help, Nepal, during 2007-2009. As a small team we endeavour to do our utmost to help local underprivileged children to gain more basic human rights through education and health improvement.

We thank all of our sponsors for their unfaltering support, and welcome all new ideas and suggestions of how we can become stronger and more focussed to help the children of Nepal.

Thank you for your time and faith in My Small Help.

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